



The Gourmet Restaurant
Happy New Year
Lunch Buffet \$7.50; Dinner \$11.50
Take out & Delivery Available
415 MAIN STREET, PORT COLBORNE 905-834-6683

THURSDAY, JANUARY 3, 2013

Student chefs

They ROC the menu
Page 6

Seeking sunlight

Solar projects search for support
Page 7

Storm pictures

Boxing day snow hampers motorists
Pages 10-11

Santa visits

Norland Pointe hosts St. Nick
Page 15

INPORT NEWS

SERVING PORT COLBORNE • WAINFLEET • SHERKSTON • LOWBANKS • ISSUE NO. 1 VOLUME 17

For news updated daily see www.inportnews.ca

■ **REACH OUT CENTRE:** Community support needed

Port Cares meeting a growing need for help

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — When the going gets tough, the tough gets going.

And when the number of people falling below the poverty line starts growing, so must the facility that prides itself on offering assistance.

It's been a year and a half since Port Cares opened its expanded Reach Out Centre on Nickel St., and the agency's staff, volunteers and clients all seem to be settling in nicely.

The \$1-million expansion opened in July 2011. Port

Cares has since been working to improve its services and make use of its newfound space.

see **PORT CARES** | page 2

MARYANNE FIRTH Staff Photo
Port Cares volunteer Maryanne Beauregard busily organizes stockings prior to the agency's Christmas dinner. Students from St. Patrick Catholic Elementary School collected enough toiletries and treats to stuff 118 stockings for the agency's clients.



www.HometownRealEstateGuy.com



Michael Smith
SALES REPRESENTATIVE

ROYAL LEPAGE
REALTY INC.



Ph: 905.834.9000



\$559,900

GREAT FAMILY HOME

This tastefully updated 2 bed 1 1/2 bath bungalow sits on the New Sports complex. With 2 car garage and fenced yard makes this the perfect home for the growing family with direct access to sports fields!



\$469,900

EXECUTIVE RANCH

Beautifully renovated two or 3 bed ranch with 3 designer baths, hard wood flooring, granite counters spacious master with walk in, new gas fireplace in both family and living room. Confirmed on 3 acres of land with bonus 2nd 2 car garage!



It's a fresh and successful approach to buying or selling your biggest investment in what you are looking for, give Michael a call to discuss your next move!

upfront

■ PORT CARES

Registration numbers beginning to climb

FROM PAGE 1

The renovations include the existing space to include additional seating, as well as food storage to accommodate the community food bank for the Port Colborne/Wainfleet area.

It also included an expanded commercial kitchen, office space and a classroom for programming. Executive director Lynda Reinhardt believes the capital campaign the college embarked on to help fund the project helped to raise the profile of Port Cares in the lakeside city and beyond.

At the same time, however, she said work still needs to be done to get the message out in the community about just what it is that Port Cares does.

"That will be a focus for us in the new year," she said, while sitting in the ROC.

In January, Port Cares will be embarking on a community partnership campaign, in hopes of drumming up support from local businesses and even individuals to support its programs. The community meal program in particular is in need of assistance.

Every Thursday night, the centre serves about 140 plates on average. The lunch programs, which take place Mondays and Wednesdays, can see upwards of 100 people per sitting.

It costs roughly \$75 to sponsor an entire lunch sitting and \$150 for an entire dinner sitting.

Canada Niagara Power has already jumped on board to provide funds for a meal. It's a trend centre manager Andrea Birrell is hoping to see continue.

The Thursday night dinners were introduced following the expansion opening to assist those unable to make it to the lunchtime meals. The agency is seeing an increase in need

for their services among the working poor, Birrell said. That extra meal once a week can mean a world of difference, she added.

The first of the evening meals was held in celebration of Thanksgiving in October and 187 people attended.

Many of the changes seen at Port Cares are the direct result of climbing statistics on the working poor, Reinhardt said.

The centre has also extended the hours of its food bank on Thursday evenings to accommodate those who work during the day.

Earlier this month, Port Cares received "amazing news," Reinhardt said. The agency was officially deemed a member of the Ontario Association of Food Banks — an approval it has been waiting on for six years.

This will allow Port Cares the opportunity to accept large-scale food donations from large companies to assist when the shelves in the food bank begin to run bare.

"Our numbers have increased substantially," Reinhardt said, noting about 250 people a month using the food bank services.

Along with the working poor, the number of seniors accessing the services has increased, she said.

"The cost of living has gone up and people are having a harder time."

Industrial job losses in the area have also hit residents hard, Birrell said, adding that for "a lot of gentlemen in the meal program, that's their story."

It's also not uncommon, she said, to see generations of families coming in to access Port Cares' services.

"We want to try and break that cycle," she said, by teaching life skills through the various programs for people of all ages.

One new program that has

hit its strides is the weekly homework club for youths. Students from Lakeshore Catholic High School volunteer their time to tutor youngsters through the program.

It not only helps youths with their homework, but provides them with role models closer to their own age who encourage staying in school, Birrell said.

Reinhardt said the hope is to send the message that staying in school and possibly even accessing post secondary education will help to change that cycle of poverty.

Another new highlight is the centre's Food Service Associate Program. Participants receive training and certification in safe food handling. WHIMIS (Workplace Hazardous Materials Information System) and Smart Serve, all at no cost. The program's new eight-week block begins Jan. 7. Registration is now open.

As the community becomes aware of what is offered at the ROC, registration numbers are beginning to climb.

"We've been able to open up the centre to the community in a whole new way,"

Reinhardt said, listing a few of the many programs including adult and children cooking classes, jiu-jitsu, crocheting, a walking club, movie nights and a community garden.

A huge emphasis has been put on food through the meal program and various workshops that promote healthy eating.

"We really want to make a difference in the health of families and children in the neighbourhood," Reinhardt said.

She credits the many volunteers who donate their time to the agency for helping the centre to run so smoothly. In the food bank alone, Port Cares sees between 25 and 30 volunteers a month and about 500 volunteer hours are logged monthly for the meal program.

"We have very involved and passionate people who volunteer and run the programs," Birrell said, crediting their hard work.

While Port Cares is accustomed to offering assistance, the agency switched roles earlier this year when it learned the ROC would be the recipient of Niagara

College's annual Many Hands Project.

Each year a non-profit organization is chosen for a facility renovation organized by students in Niagara College's event management post-graduate program. Work is then executed by students in the college's construction studies programs.

Renovations at the centre are scheduled to begin in January and will include installation of windows, carpets, window coverings and chair rails. The project will also include painting and construction of a removable privacy wall, storage units and a shed.

That sort of assistance is invaluable for the agency, Reinhardt said, as funds are tight.

Port Cares only receives funding from United Way South Niagara, as well as community donations, to continue its operations.

The centre plans to continue expanding its list of programs in the future. Port Cares will be launching a new website toward the end of January that will feature all details on the available programs.

Port Cares will be running seminars in January that deal with energy saving and other cost-savings techniques.

The agency will also be teaming up with Bridges Community Health Centre to host various programs in partnership in the new year.

While donations of all kinds are always welcome, the ROC is in desperate need of tables and chairs for its dining room, as well as dishes, cutlery and other kitchen items.

For more information on donations, volunteering or sponsoring a meal, call Birrell at 905-635-1914 ext. 22.

maryanne.firth@sunmedia.ca
Twitter: @gmfrithTribune

PORT CARES REACH OUT CENTRE PROGRAMS

- Walking club: Tuesdays and Thursdays, 10:45 a.m.
- Homework club: Thursdays, 3:30 p.m.
- Adult cooking circles: Tuesdays, 2:00 p.m.
- Food Service Associate Program: The new 8 week block begins January 7th. Registration is open now.
- Food bank: Monday and Wednesday from 1 p.m. to 4 p.m., and Thursday from 2 p.m. to 7 p.m.
- Meal program: Lunch, Monday and Wednesday at noon. Doors to the centre open at 10 a.m. for community residents to come in for coffee and social time dinner, Thursday night. Doors open at 4 p.m. and dinner is served at 5:30.
- Bingo, games, and crafts are available before the noon meal on the first Monday of the month.
- For additional programs and times, call Andrea Birrell at 905-635-1914 ext. 22.



MARYANNE FIRTH Staff Photo

Julia Johnson, Legacy Leveille and Tanner Smith get cooking' during the ROC's Menu program at the Port Cares Reach Out Centre.

portraits

■ **REACH OUT CENTRE:** Volunteer drive slated for January

Helping hands become part of the family

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — It's the welcoming atmosphere and rewarding feeling of helping others that keeps volunteers coming back to the Port Cares Reach Out Centre.

The agency is always on the hunt for new pairs of helping hands and relies on a team of dedicated volunteers to keep the ball rolling smoothly with its many programs.

Annette Zarb-Tedesco has been volunteering with Port Cares for the past eight years.

"I'm a Christian and I love helping people," she said while sitting in the centre where she spends her time prepping meals three times a week.

"Helping people is very important to me, and giving back."

Zarb-Tedesco was first introduced to Port Cares through Fr. David Spengler.

"He thought I'd be a perfect fit here," Zarb-Tedesco said, adding it seems her friend hit the nail on the head.

Along with doing meal preparation, she takes it upon herself to interact with the centre's visitors, staff and clients.

It's the resulting bonds and friendships that have kept a smile on her face all these years.

"I feel I have benefited more being here than I could ever give," she said.

"It's a privilege to come and volunteer here."

She credit centre staff as well as her fellow volunteers for helping the ROC's many programs to move forward successfully.

"We have a great time here. We all work well together. It's like a family."

Zarb-Tedesco said volunteering at the ROC has become significantly easier now that the expansion is up and running.

"We used to work in a small



Volunteer Annette Zarb-Tedesco can often be found prepping community meals in the kitchen of the Port Cares Reach Out Centre.

MARYANNE FIRTH Staff Photo

kitchen area, elbow to elbow," she said, "now we have all this space. It's just great."

Jane Wright, who's been volunteering with the agency for the past four years, echoed her kitchen-mate's comments.

"I was here when they had the old kitchen. This is such a wonderful addition," she said of the ROC.

The expansion has allowed volunteers to expand menus for the weekly meal program, offering more of a variety

for those using the centre's services.

"I think the clients really appreciate it. For me, it's so rewarding to do this," Wright said.

While some days can be a challenge, the staff and volunteers at the centre band together to make sure the programs continue on successfully, she said.

Following her retirement, Wright decided she wanted to volunteer her time helping

others in the community.

"It's very rewarding," she said.

"Plus, you get to work with marvelous people."

For anyone thinking about volunteering, Zarb-Tedesco has a simple piece of advice: "Bring a friend."

"It makes it that much easier if you come with someone. And the more the merrier."

maryanne.firth@sunmedia.ca
Twitter: @mfirth17ribune

HELP WANTED

Port Cares will be conducting a volunteer drive in January. Volunteers are especially needed to help with the food bank on Thursday evenings and to help with crafts and bingo on the first Monday of the month from 10 a.m. to 11:30 a.m.

Opportunities exist for high school students to get their community service hours by helping with the homework club and meal program.

To volunteer or for more information, call Andrea Birrell at 905-835-1914 ext. 22.

INPORT NEWS

Published by InPort News

Sun Media Corp.

228 East Main Street, Welland, Ontario, L3R 5P5

Tel: 905-732-2414 Fax: 905-732-3660

inport.news@sunmedia.ca

John Tobon, publisher, print & digital
Dave Johnson, InPort News senior reporter

SUN MEDIA
A Quebecor Media Company

ourview

Ineffective Drive Clean should be pulled off road

Except for enduring needs, such as health care and income support, government programs set up to tackle specific problems should have a defined end. Too many linger well beyond their natural expiry date, which thickens bureaucracy and thins taxpayers' patience. That said, can there be any justification for Ontario clinging to its vehicle-emissions testing program?

Created a generation ago, Drive Clean was a specious attempt to curb pollution from the start.

Employing the same logic that would lead to poeing and non-poeing sections of public swimming pools, Queen's Park never subjected the entire province to the compulsory tests — only the most heavily populated south. Rural areas, the north and east were off the hook. Nor are all registered vehicles covered; the least-polluting older jalopies are exempt.

Now, Ontario Auditor Jim McCarther has suggested it's time for a rethink. In his latest annual report, the independent government spending watchdog says vehicle emissions have fallen so sharply "that they are no longer among the major domestic contributors of smog in Ontario."

Yet, it's not Drive Clean, but other factors — such as better cars and cleaner fuel — that have driven those gains, his report notes, citing the Environment Ministry's own figure saying 75% of the reduction in vehicle emissions can be chalked up to other explanations.

Make no mistake: Air pollution kills and vehicles add to the deadly mix.

But Ontario's worst pollution has never come out of vehicle tailpipes.

It's flth that blows in from the U.S. Midwest or sweeps from hogmeown sources, such as heavy industry and Ontario's remaining coal-fired power plants.

Drive Clean spurs vehicles built before 1998, lets thousands more through each year without the full repairs they need and is about to start using new diagnostic testing technology the auditor says doesn't work — the government says it will deal with that — on pre-1998 vehicles.

It's a program of questionable value, fraught with inconsistencies but netting the province a tidy profit of \$11 million a year on the backs of motorists.

Sounds like it's time for a clean break from Drive Clean.

■ COLUMN

I've been thinking about peace on earth

REV. THOMAS P LUTHER
First Evangelical Lutheran Church

A few weeks ago in my Sunday morning sermon I talked about how, so often when we look at a situation, when we look at our lives, when we look at our world we just have to say, "This isn't the way it's supposed to be." The day before I preached that sermon, the daughter, granddaughter, and niece of members of our congregation died at the age of 40 leaving behind a five year old boy who now has to grow up without his mother. "This isn't the way it's supposed to be."

That week we had her funeral in our church. The place was filled to standing room only as people mourned and said goodbye to that young woman. The day after her funeral we were hit with the news of a shooting in Connecticut that took the lives of nearly 30 people, including 20 children. My wife and daughter and I heard the news as we were driving on the QEW listening to Christmas music on the radio, and occasionally between songs we'd hear updates on what happened there. It seemed like such an incongruity, hearing those happy, jolly songs and the jingling of bells and then hearing such tragic news. It was hard enough to go through a funeral just a week and a half before Christmas. I couldn't imagine all the funeral and memorial services that would be taking place in that small town in the time leading up to Christmas.

One of my grandfathers died 27 years ago shortly before Christmas. It certainly put a damper on our Christmas celebrations that year. But he was an old man who was ready to die. When people die before their time, before what we might say should be their time, either from illness or accident, or in the case of those people in Connecticut when their lives are taken before their time, I have to say again, "This isn't the way it's supposed to be."

And we're moved, saddened, even angry by events like that shooting and similar tragedies like shootings in high

schools, or malls, or temples, or movie theatres that we hear about too often. In Syria over the last many months hundreds have died, many of them innocents, just a few hours' drive from Bethlehem. "This isn't the way it's supposed to be."

Just over a week ago we celebrated the birth of our Saviour, the one we call the Prince of Peace, born in that "Little Town of Bethlehem." We sang "O come, all ye faithful, joyful and triumphant" but many weren't feeling "joyful" this Christmas.

A reading from Isaiah, one that might be familiar to many, says, "Comfort, O comfort my people, says your God" (Isaiah 40:1). On the Sunday after the shootings in Connecticut I read words very much like these, trying to bring some words of comfort to many who were hurting. But how do you explain, how do you comfort, what can you say? The fact is, there has been, there is, and there will be evil in this world. Sin infects us and our relationships and sometimes it boils over into horrendous acts like the one that Friday. I don't know if anything I say can make things better, or easier, or lighter. I just keep thinking, "This isn't the way it's supposed to be."

One thing I have to say is that I absolutely disagree with some wrongheaded comments made by religious people who claimed that this happened because we've shut God out of our schools. I think it's ridiculous. I don't believe that we can shut God out of our schools, or anywhere else for that matter, just like I don't believe that we can force God to be in our schools or anywhere else. God will be where God will be without one scrap of help or hindrance from us. I believe God was in Sandy Hook Elementary School on that Friday. God's heart was breaking as one of his beloved children was taking the lives of other beloved children. And God was and is in the fire hall and police station and hospital and morgue, in the churches and homes of the people of that town as they try to go on with their lives. To say that because that God allowed this to happen, because

somehow the people didn't want God there, or didn't allow God to be there, I think is just ridiculous.

Jesus was born into a world of sin, a world where many people may not have wanted him to be, but he came anyway. And shortly after his birth his family had to flee the danger of that little town and barely escaped before Herod's soldiers committed a similar massacre of innocent young children. They didn't die because the people of Bethlehem didn't want God there. They died because Herod, a sinful man who was jealous and paranoid, wanted to protect his power. He did what was evil.

Do I have any good news, or anything to say that's supposed to be helpful? Sometimes I get so sad and angry, disheartened and despairing that I don't know what to say. In the New Testament letter to the Christians in Rome, St. Paul writes that, "the Spirit helps us in our weakness, for we do not know how to pray as we ought, but that very Spirit intercedes for us; he has words for the words" (Romans 8:26). When I can't find the words I depend on my faith, on the presence of my Lord and Saviour, whose love enfolds me and you, and that young mother who buried, and her 5-year-old son, and the dead on Connecticut and in Syria and those who will have to find a way to go on in the aftermath of tragedy.

There is good news. Sometimes it might be hard to hear amidst the noise of all the bad news. On Christmas Eve we heard, "a child has been born for us, a son given to us; authority rests upon his shoulders; and he is named Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace" (Isaiah 9:6). We heard the message of the angels as they sang to the shepherds, "Glory to God in the highest heaven, and on earth peace" (Luke 2:14). He does bring us peace, even if it comes always with a cost, it comes. Even in our own lives, he comes. In our anger he comes. In our despair he comes. In our darkness, the light of Christ shines. May his light shine in our hearts, bring us peace, may his peace rest with all those who mourn.

■ COLUMN: William Thomas

Players of the fame game — in their own words

The rich and famous said things in this past year that would cause the hair on Robin Leach's back to stand on end. They spoke of body parts and broken hearts and deep philosophical things. They kissed each other and dished each other's dirt and called each other names. Like "a contaminated little maggot."

That was actually one of the nicest things Charlie Sheen had to say about the production of *Two And A Half Men* before they flew him. Before his father Martin could get a chuck out of his clown, Charles called a Buck Lorne "a mouth" and a "turd," a "AA Nazi," and a "blatant



HUMOUR

hypocrite." He called the show, for which he was being paid \$1.25 million per episode, a "jokefest."

Said host Jimmy Kimmel at the White House Correspondents Dinner to President Barack Obama: "I know you

won't be able to laugh at my jokes about the Secret Service so please cover your ears. If that's physically possible" (And Michelle nearly fell off her chair laughing.)

From cars too really big rears — "I want big boobs and a big old ass and a copic," said Mike Norris on becoming a comic book superhero. But he never covered his with a cape, doesn't that cancel out your other two wishes?

Said Jessica Simpson: "My boobs are way too big to put on this point." Careful! You may not know how big they are. They might just take off anyway!

see WILLIAM THOMAS | page 5

■ WILLIAM THOMAS

The rich and famous have a way with words

FROM PAGE 4

But not a problem for Cameron Diaz. "My ass is definitely higher than it was when I was 20. It gets better as I get older," she joked. "Because that defies both gravity and Joan Rivers."

Headed for even more plastic surgery, the 78-year-old comedian said: "My body is a temple and the temple needs redecorating."

Commenting on Rihanna's plan to be back together with Chris Brown who beat her up and put her in the hospital, Joan Rivers said: "Idiot. Now it's my turn to slap her!"

Yet keeping her options open, Rihanna said: "I would love to go on a date. I'm a woman. And I have too many

vaginas around me at this point." Careful. As long as you don't scream or cry on a sudden move, they probably won't attack.

Jack Nicholson has no such problem: "...the life of a gigolo always ends badly... I no longer have the energy to both work and fool around."

Not out there but for a different reason, Jennie Garth said: "I would rather lick the bottom of my shoe than go on a date." You wouldn't say that if you lived in Wainfleet.

Said Sofia Vergara: "If I walk outside without lipgloss I feel naked!" Good Lord woman, was it only meant for your lips!

Setting some sort of a dating world record, Cee Lo Green said: "I'm definitely having

more sex than the average man. Yes, two or three women a night, trust me... Man, you're actually having more sex than the average abbot. Ah, Jack Nicholson will have what you're having which is a Viagra, Cialis and oyster cocktail.

Said billionaire Richard Branson: "In my lifetime, I'm determined to start a population on Mars. I think it's absolutely realistic." All by yourself? Okay, Richard will have what Jack and Cee Lo are having plus a splash of Spanish Fly.

Funny how Cee Lo Green was quite proud of this sex life while Peaches Geldof was quite the opposite: "I'm not a debauched woman."

English singer Morrissey

may be vague about his sexuality (he calls himself a prophet of the fourth sex???) but he knows what he doesn't like: "I hate the royals. I think they're arrogant, horrible dictators. The world does not need them." But, not Prince Harry. The world needs Harry like a dog needs a fire hydrant.

"I hate people," said Robert Pattinson, "but I love dogs." Amen. And who does French actor Gerard Depardieu hate? "I don't much like the French!" he said, describing his countrymen as arrogant and smug.

Robert Redford ruined Butch Cassidy And The Sundance Kid for me when he said: "The guy was singing 'Raindrops Keep Falling On My Head'

and it wasn't even raining. I thought it was stupid." Yeah, well jumping off that cliff into that raging river when you can't swim wasn't all that smart either, Kid.

But Olympic medalist and newly-minted actor Ryan Lochte restored my faith in films with his eloquent assessment of the thespian's art: "Acting and memorizing lines and trying to, like, say them and still, like, do movement and all that. That was hard." And yet Randy Quaid makes it look so easy. You know Sir Laurence Olivier had much the same take on the performing art when he said: "Acting is a masochistic form of exhibitionism."

And this from Justin Bieber:

"I get days where I'm just down and gloomy." Those are the days kid, you just gotta suck it up and tell yourself, hey! I've made \$110 million because

although I might not be as talented, I'm way taller than those kids were in Menudo. Added "The Stratford Squeezer": "You just have pain in your heart because maybe you haven't dealt with it." By "it" I take it you mean grabbing your crotch which you do way too much. That's where the pain is coming from! It didn't do Michael Jackson any good and it won't help you. Try a slow roll, then a quick thrust like Elvis used to do. Very suggestive yet subtle.

www.williamthomas.ca

MEETING DATES

Township council set its meeting dates for 2013.

Council meets on Tuesdays every two weeks for most of the year starting at 7 p.m. in township hall, 31940 Hwy. 3

Dates are as follows: Jan. 8 and 22, Feb. 12 and 26, March 12 and 26, April 9 and 23, May 14 and 28, June 11 and 25, July 16, Aug. 20, Sept. 10 and 24, Oct. 8 and 22, Nov. 12 and 26, and Dec. 10.

BUILDING PERMITS

Eleven building permits were issued in the township in November with fees totalling \$4,823.81.

The value of these permits totalled \$627,800 in construction and included a new grain bin, foundation repairs, a farm shed, a second-floor addition and barn addition, among other projects.

One of the items on the list, prepared by chief building official John Borella, was work undertaken at the fire hall at the corner of Lakeshore and Bellevue Beach Rds. The work included \$13,000 to reframe for larger bay doors and \$1,000 to repair fire-damaged roof trusses. There was a small fire at the hall earlier this year.

IN BRIEF

GROW-UP PROTOCOL

Aldermen passed a report calling for an agreement between the township of Wainfleet and Niagara Regional Police regarding a marijuana grow-operations protocol.

The protocol was developed to establish defined mutual and separate responsibilities for effective response and remediation, and would ensure once police identify a property as a grow-op, any steps deemed necessary would be taken to ensure the building no longer presents a hazard to the safety of public interest and surrounding community. Wainfleet has seen a number of grow-ops discovered over the past several years.

If you have a story idea or see news happening, we want to hear from you —
import.news@sunmedia.ca or 905-732-2414.

MURDOCH'S

Celebrating 54 Years as Tire & Mechanical Experts

RECEIVE \$100 VALUE ON THE PURCHASE OF 4 TIRES
RECEIVE \$60 MECHANICAL LABOUR GIFT CERTIFICATE

SAVE \$40 ON A SET OF 4

| | | | |
|---|--------------------------|--------------|--------------|
|  | P175/70R13 Reg. \$69 | Special ON 4 | \$236 |
| | P185/65R14 Reg. \$84 | Special ON 4 | \$296 |
| | P195/65R15 Reg. \$99 | Special ON 4 | \$356 |
| | P205/55R16 Reg. \$104 | Special ON 4 | \$376 |

FREE INSTALLATION, VALVE & BALANCING
HERCULES IRON MAN POLAR TRAX SNOWS

SAVE MONEY WITH IMPROVED GAS MILEAGE AND TREAD WEAR
4 - NITROGEN FILLING SPECIAL \$29.95

| | | | |
|---|---|---|---|
| Alignment \$49.00 With a 4 tire purchase Most vehicles | Safety Checks \$59.00 Most Vehicles | Lifetime Warranty Brakes 15% OFF Parts & labour | Lube, Oil, Filter \$29.95 From Parts & labour |
|---|---|---|---|

Sale Expires: FEBRUARY 28, 2013

Murdoch's ONE STOP TIRE & AUTOMOTIVE
 • PROFESSIONALS FOR 54 YEARS •

285 Killaly Street W., Port Colborne 835-8832 www.murdochstire.com

■ REACH OUT CENTRE: ROC the Menu a big hit in the kitchen

Youngsters gearing up chef classes

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — Through its new cooking program, Port Cares has gotten the creative juices of local youths boiling.

Since constructing its new teaching kitchen as part of the Reach Out Centre expansion, Port Cares has welcomed in a slew of future chefs for a crash course on the culinary world. ROC the Menu has become one of the most popular programs at the Nickel St. facility, with plenty of eager eight- to 14-year-olds signing up for its first session.

What makes the after-school program unique is not only the fact that it's offered for free, but also that local chefs have been invited in to mentor the young culinary connoisseurs.

When approached about helping out with the program, Kevin Echlin and Claudia Spiteri, of The Smokin' Buddha and Eatlay Foods respectively, immediately jumped on board.

Not only did they offer to teach the kids some of their very own signature dishes, they also upped the ante with a chance for the young chefs to have their very own recipes

served up a specials at their respective establishments.

"It's a great opportunity for the kids to learn," said Spiteri, who was eager to teach the youths to cook with health in mind.

“We can teach kids about gardening, bringing that food into the kitchen and then cooking with those fresh ingredients.”

Sandy Pedersen

"There are a lot of young potential chefs here," she said as she looked over the Reach Out Centre's bustling kitchen.

"You can tell the ones that really have a love for food. They're interested in watching everything we're doing."

Many of the young kitchen aficionados are anxious to take on various tips and tricks of the trade, Spiteri said.

Whether it's learning the basics of cooking or how to alter a recipe to suit their needs, the youths wait wisely to gobble up every little bit of information, she said.

And when they say there's students are picking up tricks, they're not just talking about learning to make grilled cheese.

The youths recently cooked up some grilled fish tacos with watermelon salsa and chimichurri sauce.

"That's definitely going on our menu," Echlin said, adding he intends to make the recipe a special at his King St. establishment.

He called the program a fun experience, one he'd like to continue with moving forward.

One of his favourite parts of visiting the Reach Out Centre kitchen is sitting down to enjoy a meal with the kids after they put their newfound skills to the test.

Eleven-year-old Marybeth Lee was particularly impressed by the chefs donating their time.

"They show us ways to better our technique," she said, eager to learn.

The program has allowed Lee to pursue her passion for cooking and study under role models in the industry, a fact she's thankful for.

Port Cares is able to provide the program at no cost thanks to funding provided by Niagara Prosperity Initiative. It's facilitated by Port Cares community developer Sandy Pedersen.

"We've just got so much room here now. We can do so much," Pedersen said of the Reach Out Centre and its expansion.

"It's a great gift to now have this kitchen here," she said, calling it ideal for cooking classes for people of all ages.

To further encourage both youths to take the healthy route when it comes to food, Port Cares started the program My Own Two Hands.

Participants plant and grow fresh vegetables in a community garden on Davis St., on land lent to Port Cares by Vale. The garden is also funded by Niagara Prosperity Initiative.

"This way we can teach kids about gardening, bringing that food into the kitchen and then cooking with those fresh ingredients," Pedersen said.

"We want to try and teach them to eat healthy and to introduce them to new things."



MARYANNE FIRTH Staff Photo

Eleven-year-old Tanner Smith and Port Cares Bridges to Healthy Living co-ordinator Laura Ciccone go over some tricks in the kitchen during a recent ROC the Menu class at the Reach Out Centre.



ROC THE MENU FISH TACOS WITH WATERMELON SALSA AND CHIMICHURRI SAUCE

Chimichurri sauce

- 1 cup (packed) fresh Italian parsley
- ½ cup olive oil
- ½ cup red wine vinegar
- ½ cup (packed) fresh cilantro
- 2 garlic cloves, peeled
- 1 squirt Sriracha sauce
- ½ teaspoon ground cumin
- ½ teaspoon salt

Puree all ingredients in processor. Transfer to bowl. (Can be made 2 hours ahead. Cover

and let stand at room temperature.)

Watermelon salsa

- 4 cups diced seedless watermelon
- ½ small red onion, finely diced
- ½ cup roughly chopped fresh cilantro
- Juice of 2 limes
- 1 jalapeno pepper, seeded and finely diced
- ½ teaspoon salt
- Combine all ingredients in bowl and set aside.

Aoli

- ¾ cup mayonnaise
- 3 cloves garlic
- ¾ lemon, juiced
- Salt and pepper to taste

Combine all ingredients in a bowl

Preheat oven to 350 degrees.

To prepare fish, sprinkle thawed, dried fish fillets with a bit of salt, oregano and chili powder. Sprinkle the fish with vegetable oil. Heat frying pan

to HI and brush pan with oil. Add the fish to pan and cook through, about 4 minutes per side, until translucent. Do not overcook. Remove from pan and cut down the middle of fillet in half then half again to fit small portion onto taco shell.

Taco preparation

- 6" soft taco shells
- Shredded cabbage
- Avocados, sliced thinly
- Monterey Jack cheese, shredded
- Fresh cilantro sprigs

To assemble tacos

Place as many taco shells as will fit onto a baking sheet. Place a small handful of shredded cabbage, a couple of slices of avocado, some aoli, and cheese. Put in the oven for about 5 minutes, until cheese is completely melted and taco shells are warm.

Remove from oven and place fish pieces in middle of taco shells, add with cilantro. Place two per plate. Serve with sides of chimichurri and salsa.

Regional SHOPPING NEWS

The Regional Shopping News is looking for Full Time Motivated Associates to join our exciting team of Sales Professionals in the Niagara Region.

Experience is preferred, however, we are willing to train individuals with dynamic personalities who are eager to drive business, develop new accounts and maintain and grow relationships with existing clients.

Position Requirements

- Develop new business
- Assist clients, create advertisements to best fit clients needs
- Create proposals for short or long term contracts
- Attention to details
- Ensure that personal sales targets and budgets are achieved

Experience Requirements

- Ability to converse in a professional manner
- Strong written skills
- Attention to details
- Strong interpersonal skills
- Must have reliable vehicle and valid drivers license

We Offer

- Guaranteed weekly salary
- Commissions...unlimited earning potential for eager individuals
- Benefits

To Apply: Please forward resumes to

Myla Robertson
Retail Manager
Regional Shopping News
myla.robertson@sunmedia.ca

SUN MEDIA
A Quebec Media Company

maryanne.firth@sunmedia.ca
Twitter: @mfirthTrubine

■ **GREEN ENERGY:** Roofs must be able to support panels, fire chief warns



QMI AGENCY
A Wainfleet businessman wants to install a ground-mounted solar panel similar to this one in Oro, Ont.

Solar projects seek ray of light from township

DAVE JOHNSON
InPort News Staff

WAINFLEET — Having the township on their side could help one resident and one business get to the front of the line for Ontario Power Authority's microFIT program for solar power.

Raymond Luciano, of Sentinel Solar, and resident Keith Veenhof were both before aldermen recently to ask for a municipal support resolution for two different projects in Wainfleet. For Veenhof, it was his second time before council.

Luciano was representing Kirk Zavitz, who wants to install a number of ground-mounted solar panels on his property at 54029 Wellandport Rd.

"A municipal support resolution will allow a competitive application process. There's a point system for the FIT program. If this resolution is granted, he (Zavitz) stands a better chance," said Luciano.

The project at Zavitz's business would have a 20-metre setback from property lines and be behind a chain-link fence with a



Luciano



Veenhof

tree line built around it, he said. The project would need approval from Hydro One as to whether there was capacity in the area and whether there would be an impact on power.

Veenhof, who appeared before council last month, was asking for the same resolution as Luciano.

"There's no health concerns, no noise ... no moving parts, no emissions," he said, adding if there were concerns, it wouldn't be going on top of his new chicken barn.

The solar panels can help offset his farm costs, he told council. Fire Chief Harry Flagg said the panels proposed by Veenhof

would be installed on a building designed and structured to hold their weight.

His concerns, elsewhere, are about homes where panels were installed on roofs with no supporting structure inside.

"We won't be going on roofs to ventilate (in case of a fire)," he said, adding it would also have to be a life or death situation for him to send volunteer firefighters into buildings not structured for solar panels if present.

Near the end of discussion, Mayor April Jeffs told council she has no problem with Veenhof's request.

She also said there is no outcry from the community against solar power as there is with wind turbines.

But, she said, she is struggling with the number of ground-mounted panels being proposed for the Zavitz property and wants to see the area for herself before making a decision.

Ald. David Wyatt put forward a motion to defer both requests until council's meeting on Tuesday, Jan. 8.

dave.johnson@sunmedia.ca

Your world... Your news 24/7
Breaking news just a click away

VISIT **canoe.ca**

A Quebecor Media Company

for the month
RECIPE JANUARY
— Copies of Recipes & Product Information available in-store
Sharing & Exchanging Recipes with our Customers is only one of many services we offer at Port Country Pantry.

Our Port Country Pantry's

Turkey Pot-Pie (Left-over Turkey Recipe)

Preparation:

Preheat Oven to 350 degrees. Mixen 4 to 6 servings.

1. Heat a drizzle of oil in a large pot over medium heat. Cook the onion for about 5 minutes, until soft. Add the celery, carrots, and red pepper and cook for a few more minutes, until the vegetables begin to soften. Add the garlic and cook for another minute.

2. Add the turkey and flour and stir to coat the turkey pieces well. Add the chicken broth, salt & pepper to taste and lower heat to a simmer. Let cook for about 10 minutes or until thickened. Stir in the peas and cook for another 5-10 minutes.

3. Spoon the mixture into one large baking dish or individual ovenproof ramekins. Top with mashed potatoes or puff pastry, cut into pieces to approximately fit the size of the baking dish(es). If you use pastry, cut a few holes to allow steam to escape. Bake for 30 minutes (ramekins) or 45 minutes for a larger dish, until golden brown and bubbly around the edges. BonAppetit!

Ingredients:

- 1/2 cup oil, for cooking with 1/4 cup Onion Flakes
- 2 stalks celery, chopped
- 2 carrots, peeled and chopped
- 1 red bell pepper, seeded and chopped
- 1 Tbsp. Grated Garlic
- 2 cups chopped roasted turkey
- 2 Tbsp. flour
- 2 Tbsp. Chicken Soup Base in 1 cup warm water to make broth
- 1 cup frozen peas, thawed (or leftover cooked peas or other vegetables)
- Leftover mashed potatoes, pie pastry or a sheet of puff pastry, thawed.

20% OFF SPECIALS ON SELECTED CHRISTMAS ITEMS
Minced Meat, Glazed Cherries, Peels, Mercken Chocolate, Chocolate Baking Squares, Christmas Candles & Chocolates

GIFT CERTIFICATES MAKE A GREAT GIFT
— for any occasion —
Birthdays. Showers. Weddings. Anniversaries
\$5.00, \$10.00, \$25.00 & \$30.00



JOIN US ON SENIOR'S DAY
Tuesday, January 8th



10% off Every Monday Special!

SERVING OUR CUSTOMER'S BULK FOOD & SAUSAGE MAKING NEEDS

Port Country Pantry

STORE HOURS
Tues. to Fri.
9:30 am - 5 pm
Sat. 10 am - 4 pm

50 CHARLOTTE ST. (near City Hall) • 289-836-9522

■ **SANTA'S HELPERS:** New high for toy drive donations

'People like to share'

SARAH FERGUSON
InPort News Staff

PORT COLBORNE — Mieke Van Es described the outcome of this year's Santa's Helpers program as "beautiful."

"I cannot say how many toys we collected but it's a lot. We've collected more toys than we ever did before."

About 450 children woke Christmas Day to find presents underneath their Christmas trees thanks to the program. Van Es said each child opened one large pres-

ent and a few smaller items as well as stocking stuffers.

Van Es isn't sure why the amount of donations was larger than in previous years but she said the response might have something to do with the struggling economy.

"Maybe it's because people see that times are bad for a lot of people. The economy is bad and people like to share."

Van Es, who has organized the toy drive for the past 15 years, said the program wouldn't have been possible without all of the support and the donations of

cash, toys and clothing from individuals, businesses and numerous church groups.

"I'd love to thank everyone for their help. I really appreciate everything that this community has done."

The last day for collecting was Dec. 21, before a group of 25 volunteers sorted the items and allowed parents to select presents for their children.

The items included small toys, colouring books, a huge collection of mittens, hats, scarves and more than 30 pairs of boots for young children.



Supplied photo

Longtime volunteer and organizer of the community toy drive in Port Colborne, Mieke Van Es would like to thank everyone in the community who helped to make children happy on Christmas Day by donating toys, clothing and cash. Another another successful toy drive, Van Es celebrated the holidays with her great-grandson Landon Garner, two.

■ **ART:** Gallery presents Artists in Residence

Watching creativity evolve

VICTORIA GRAY
InPort News Staff

PORT COLBORNE — When people look at Arts they often try to find meaning in the content, colours or brush strokes, but it's hard to understand why an artist did what they did without talking to them.

Joyce Honsberger of Arts Place Gallery says creativity is next to spirituality and that seeing an original work created is good for the community.

The gallery on King St. in Port Colborne and Community Artists Niagara want to give people a

chance to connect with an artist, through the Artists in Residence program.

"A good arts program enterprises people and the community," Honsberger says.

Tracey-Mea Chambers, a Metis visual artist from Dunnville, will create and finish a work of art in Arts Place Gallery in January.

Dean Tedesco, chair of Community Artists Niagara, says Chambers will be available for questions, conversation, information and just to observe.

"We really want to help artists connect to the community and show them the process

an artists goes through when they bring their concept to fruition," Tedesco says.

Chambers creates abstract mixed media paintings inspired by her Metis heritage.

Chambers will work at the gallery Friday, Jan. 4, 11, 18 and 25 from 10 a.m. to 4 p.m. and will help walk viewers through her creative process.

"We're really hoping to inspire the youth to express themselves through art," Tedesco says. "If we can get one child to go home and say I can do that then we've been successful."

victoria.gray@sunmedia.ca
Twitter: @ViceYG



VICTORIA GRAY Staff Photo

Joyce Honsberger, left, from Arts Place in Port Colborne will host a Community Artists Niagara initiative championed by Dean Tedesco and called Artists in Residence.

**GET OUT OF DEBT NOW,
NEED CASH FAST!**
CALL TOLL FREE
(866) 780-0839 OR
1-866-661-0910
NO UPFRONT FEES

We'll give you something to
SMILE *about!*
• Fall & Winter Services • Emergencies & House Calls
• Free Consultation • Upper & Lower Dentures
• Same Day Repair & Retire Service Available
186-A West St. Port Colborne
Norbert Gieger 905.835-2155

Non-stop entertainment 24/7
Celebrity gossip and more just a click away VISIT catt02.ca

SPOTLIGHT on service

J. SNEEK PLUMBING

FREE ESTIMATES * GREAT SERVICE * GREAT RATES

CALL JOHN SNEEK

HOME: 905-834-2135 • BUSINESS: 905-964-2518



TEMPERATURES ARE FALLING!

CALL FOR A FREE ESTIMATE
ON FURNACE &
AIR CONDITIONING PACKAGES

WE SERVICE ALL MAKES & MODELS!

905-892-7787

BOB REID Heating & Air Conditioning
Residential - Commercial

Call and get
your estimate
today!

FAMILY
OWNED
AND
OPERATED



SCC Computers
"where traditional customer service
meets modern technology"

SERVICE | UPGRADES | REPAIRS | USED COMPUTER SYSTEMS

250 Kent St. Port Colborne | graham@scccomputers.com
905-834-6333 | www.scccomputers.com

OCCUPY THIS SPACE

For Only \$20⁰⁰

Per Week

Based on 13 Weeks

Call 905-732-2414 x.458



**Are you laid off?
Unemployed?
Need to retrain?**

You may be eligible for SECOND CAREER funding
Contact EMPLOYMENT SERVICES for information

905-834-3629

www.portcares.on.ca



Own a business?

Don't underestimate the power of looking great.
Your business depends on it.

**FRESH, CREATIVE DESIGN
CUSTOMIZED FOR YOU.**

Today's businesses need to look
exceptional in web and print to stay
relevant. Don't settle for mediocre
design or marketing. We will make
you look outstanding.

GENERATE
ADVERTISING AND DESIGN

905-324-2141

www.generatedesign.ca



Now open!

**X Fitness Private Personal
Training And Bootcamp Studio.**

Flexible Times And Rates To Suit Your Needs
Training Includes TRX,
The Hottest Trend In Fitness Right Now.

Call 905-329-1570
Or Visit www.Xfitness.ca For More Details.

Classes & Training are with Leeanne Arcaro-King, C.P.T. and Creator of X FITNESS BOOT CAMP.

OCCUPY THIS SPACE

For Only \$20⁰⁰

Per Week

Based on 13 Weeks

Call 905-732-2414 x.458

■ **WEATHER:** Minor collisions, one snowmobile fatality and a whole lot of snow removal

Shovels kept busy

SARAH FERGUSON
In Port News Staff

WELLAND — Jack Frost lightly coated the ground with snowflakes on Christmas Day to set the mood for the holidays.

But he unleashed between 15 and 25 cm of snow on Niagara on Boxing Day and continued until the early morning Thursday.



The only fortunate part of this was it fell on the Christmas holiday, when traffic was down."

Dave MacLeod

Welland resident Katie Lane could be spotted shovelling her Niagara St. driveway in Welland Thursday morning.

"I knew we were getting snow," she said about the overnight storm, but while adding she was stranded overnight in Niagara Falls while visiting her family.

"The roads are good today, but (Wednesday) night they

Algoma Central Corp.'s Algosua was barley visible as it was docked on the east wall of the Welland Canal.

were a terrible mess." Canada Post letter carrier Mark Pavlakovich said he started delivering mail at about 10 a.m. Thursday and

was slowed down due to the snowfall.

"It's not too bad," he said. "Most people have been shovelling their sidewalks

and looking out for their mailman."

By the time Boxing Day concluded, Welland had received about 15 cm of snow

and Port Colborne about 15 cm to 25 cm.

Environment Canada meteorologist Erienne Gregoire said about five

to 10 cm is expected to fall Saturday, but it won't be as significant as Wednesday's storm.

The average local snowfall in November is one centimetre and in December 50 cm.

The Town of Pelham reported its residents were able to navigate roads smoothly Thursday thanks to the municipality's new plan for dealing with snow.

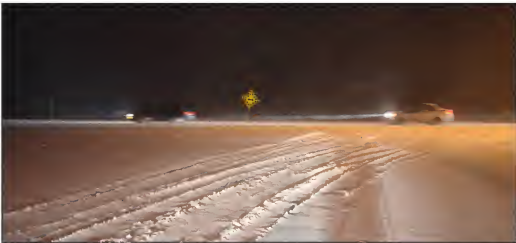
Public works director Ryan Cook said Pelham was "over-prepared." The town's new plan focuses first on high-priority areas, which include Pelham St., Canboro Rd. and Effingham St., and other areas of high-volume traffic.

Plows were out from 5:30 p.m. Wednesday until 11 p.m., and stopped when wind picked up. Plows were back on the roads again early in the morning and there were no reported problems, he said.

"There were quite a few cars parked on the road which was a bit of a problem."

Snow removal in Welland and Port Colborne was a smooth process, according to Sal Iannello, Welland's general manager of infrastructure services and Port Colborne Mayor Vance Badeway.

see STORM | page 11



Snow flies as cars drive down Hwy. 58 in Port Colborne at Stonebridge Dr.

DAVE JOHNSON Staff Photo



DAVE JOHNSON Staff Photo

Residents at Northland Pointe, along the shores of Gravelly Bay, saw nothing but snow when they looked out their windows.

■ STORM

Caution urged when driving in snow

FROM PAGE 10

"People are beginning to get the message to take their cars off the road when its snowing," Iannello said.

Badawey and Iannello had both expected all Port Colborne and Welland streets to be plowed by mid-afternoon to early evening Thursday.

For Niagara Region taxpayers, Wednesday's storm came with a price tag of \$170,000. That's about what it costs to keep the region's snow control crews out during big snowstorms, said operations and technology manager Dave MacLeod.

Those don't happen as often anymore, he said. Wednesday's weather, he said,

was more typical of 10 to 15 years ago, and its rapid onset gave snow crews a tough time.

"The only fortunate part of this was it fell on the Christmas holiday, when traffic was down,"

He said within a day's time, crews will use 28 plows to clear every main regional road six times.

Niagara Regional Police said the snow day drew 31 collision calls, 16 of which were cancelled or deemed too minor to report. That includes fender-benders and sideswipes.

Two, including a fatal snowmobile crash, involved injuries.

Snow should mean extra care when driving, Sgt. Paul Webb said in an e-mail.

He said motorists should plan ahead and not rush, slow down when driving, give vehicles ahead more space and not tap the brakes to try and get tailgaters to back off. And he said drivers should keep vehicles clean to maintain visibility.

He said it's key to have snow tires, take care on bridges and stay off cellphones.

Drivers, he said, should avoid driving altogether if it's possible.

"No collision can happen if you aren't on the roads in bad weather," he said.

sarah.ferguson@sunmedia.ca

— with files from QMI
Agency's Jeff Bolichowski



DAVE JOHNSON Staff Photo

A car makes its way through downtown Port Colborne as driving snow blows across the street.



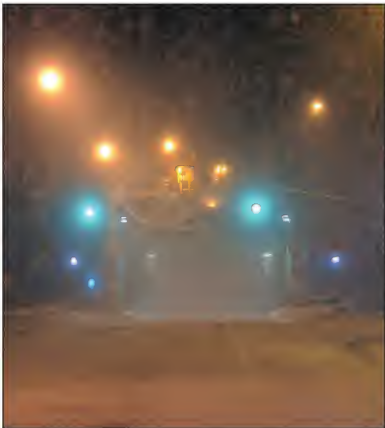
DAVE JOHNSON Staff Photo

Snow was thick on the bridges.



DAVE JOHNSON Staff Photo

A winter storm dropped between 20 to 25 centimetres of snow on south Niagara. Drifts were starting to form around cars in the ADM Milling parking lot.



DAVE JOHNSON Staff Photo

The Clarence St. Bridge, Bridge 21, was barely visible at times.

■ COMMUNITY CHRISTMAS DINNER: Port High cafeteria

Festive food feeds need for fellowship

VICTORIA GRAY
InPort News Staff

PORT COLBORNE — Doug and Elizabeth Kelley don't have a lot of family in Port Colborne.

The couple, both over 80, don't like to drive in the dark, so they don't visit relatives on Christmas Day, but they live close enough to walk to Port Colborne High School for the Community Christmas Dinner.



We have no family and I know I wouldn't be able to do this alone. It's really wonderful."

Shirley Gilmour

"This is a wonderful way to spend time with people and have a great meal without cooking a feast when there are only just the two of us," Elizabeth said.

More than 150 people joined them for a turkey dinner with all the trimmings and desert Christmas day and that made the co-founder of the dinner, Jack O'Neil, very happy.

"The community needs this. These people may not have anyone else to spend

Christmas with," he said. "We try to make the community a happy place on Christmas Day."

After O'Neil said grace, a moment of silence was held for William (Billy) May, a volunteer who delivered meals to those who couldn't make it to Port High for more than 10 years.

Volunteers delivered 40 meals to shut-ins this year, four meals to the Niagara Regional Police detachment in Port Colborne and several to the fire halls in the community. Emergency personnel work a regular 12-hour shift on Christmas and O'Neil can't let anyone go without.

"We believe they should have a hot meal, just like everybody else who can't be with their families on Christmas," O'Neil said.

Shirley Gilmour lives alone and came for the second year in a row with friends from Dunnville who also didn't have family coming to visit. She said she doesn't bother to prepare a Christmas dinner for herself. She really appreciates that members of the community offer her and her friends a place to have a traditional meal.

"We have no family and I know I wouldn't be able to do this alone," she said. "It's really wonderful."

victoria.gray@sunmedia.ca
Twitter: @ViczG



VICTORIA GRAY Staff Photo

Doug and Elizabeth Kelley enjoyed Christmas dinner with about 150 other people from Port Colborne at the Community Christmas Dinner. They don't drive anymore and weren't seeing family this year, so the chance to spend time with friends was welcomed.

DENNIS O'REILLY CONTRACTING AND CARPENTRY

Look no further to get professional results

- Remodeling the Niagara Region for the past decade
- Dedicated to providing the finest quality of service and materials for your dollar
- Written warranties

Always a fast, friendly and **FREE estimate**
"Don't settle on part time service"

Ph: 905-894-8599



If you have a story idea or see news happening, we want to hear from you —



email:
inport.news
@sunmedia.ca



phone:
905-732-2414

classifiedextra.ca

Canada's largest and most trusted
print and online classifieds network

Place it on classifiedextra.ca

Phone: 1-866-541-6757

Online: inportnews.classifiedextra.ca

Fax: 1-866-485-8461

Email: placeit@classifiedextra.ca

General Help
Wanted

General Help
Wanted

PORT COLBORNE AREA CARRIER ROUTES AVAILABLE

There are several routes available in
the Port Colborne area.

Please call Sandra 905-732-2411 at
Ext 275 for more information

Automotive Services

WINDSHIELD CHIP
Repair or Replacement
at
WINDSHIELD KING
905-735-9999

Real Estate Services

CANCEL YOUR
TIMESHARE
NO RISK program.
STOP Mortgage &
Maintenance
Payments Today.
100% Money Back
Guarantee. Free
Call. Call us
Now. We can Help!
1-888-598-5248

Apartments

2 BDRM in Port
Colborne \$475 - 1st fl.
Call 289-686-4745

2 BDRM Princess
Bay Apt's quiet
location ground fl. ing
priv. pools parking
sofite & exercise
rooms. GYM
905-736-4602

Location!

2 BDRMS on ground
floor available.
Spacious & quiet
mature living.
Beaconic, leafy dry,
security entrance,
close to Maple park,
bus & shopping.
Starting at \$550. 579
CLARE AVE.
Call 1-905-735-5748

KINGS MANOR
on Glen Park Dr.
1 & 2 bdrm apt's.
Park like setting. Extra
storage. 905-732-5371

WELLAND 2 BDRM
available. \$500 + gas
& hydro. Freshly
painted, newer carpets
No pets. 905-699-4451

ON THE CLASSIFIEDS

businessdirectory

Drywall

JOHN'S TAPING &
Drywall. Carpentry,
restoration
repairs. 905-834-5684.

yourlifemoments.ca

Marking your milestones.

For Obituaries call:
1-877-750-5054
Fax: 1-866-485-8461
e-mail: obituaries@yourlifemoments.ca

All other moments call:
1-888-786-7821
Fax: 1-866-757-0227
e-mail: milestones.sunis@yourlifemoments.ca

Obituaries | In Memoriam | Thanks
Births | Celebrations | More

Obituaries

Obituaries

LINDENAS, Nils Elmer - Passed away,
December 24th, 2012 in his 91st year. He
will be dearly missed by his wife Dorothy
and son Jim (Debbie) Lindenias.
Predeceased by daughters Linda (Marvin)
Longboat, and Kathy (Rick) Gatzman,
brother Bert (Betts) Lindenias, and sister
Tyra (the late Howard) Schooley. Survived
by 7 grandchildren. Nils was a secondary
school teacher in Beemerville for 30 years,
an avid golfer, and serious bridge player.
He landed with the Queen's Own Rifles on
D-Day. Family will receive their friends and
relatives at the **WILLIAMS FUNERAL HOME**,
722 Ridge Road, Ridgeway on
Friday, January 4th from 11:00 a.m. - 1:00
p.m. Memorial Service to follow in the
Chapel at 1:00 p.m. Sharing of memories,
pictures and condolences at
www.williamsfuneralhome.ca

Astrology Psychic Consultants

TRUE PSYCHICS
& ANIMISTS CALL NOW
247 TOLL FREE
1-877-642-3030
Mobile: #4486
www.truepsychics.ca

Adult Entertainment Pay Per Call

LOCAL HOOKUPS
BROWSE 4 FREE
1-888-628-8720
Mobile #7878

HOT LOCAL CHAT
1-877-260-0553
Mobile #5015

Find Your Favorite
CALL NOW
1-866-732-3070
1-888-544-0199

**EXTRA...
EXTRA...
Classified
Value!**



Men, Take Control of Your Health



- be a non-smoker
- eat 5-10 servings of vegetables
and fruit a day
- be physically active
- limit your alcohol consumption
- use sun protection
- follow cancer-screening guidelines

Find out **MORE** about reducing
your risk of developing cancer.
Call us at **1 888 939-3333** or
visit **www.cancer.ca.**



Canadian Cancer Society
Société canadienne
du cancer



Call 1-866-734-9425
or visit www.medicalert.ca



MedicAlert®

Lets You Live Life.

SANTA VISITS NORTHLAND POINTE



Residents of Northland Pointe long term care home were visited by Santa as well as Port Colborne volunteer firefighters, Christmas Eve. From left are firefighter Rick Russell, recreationist Yvonne Noble, resident Shirley Olin, Santa, resident Eva Kovachik, and firefighter Sandy MacIntyre.

ALLAN BENNER Staff Photo

NetworkCLASSIFIEDS

ADVERTISE ACROSS ONTARIO OR ACROSS THE COUNTRY!

For more information contact your local newspaper.

| | | | | |
|---|--|--|--|---|
| <p>AUTOMOTIVE</p> | <p>BUSINESS OPPS.</p> | <p>FINANCIAL SERVICES</p> | <p>DRIVERS WANTED</p> | <p>FOR SALE</p> |
| <p>Vehicle buyers are ONLY protected by OMVIC and Ontario consumer protection laws when they buy from registered dealers. There's no protection if you buy privately and you risk becoming victim of a scammer. To verify dealer registration or seek help with a complaint: www.omvic.ca or 1-800-943-5002.</p> | <p>ATN: UNLIMITED POTENTIAL. Let us set up and operate a mini-office out of your home. FREE evaluation, online training, ongoing support. www.successtomontez.com</p> | <p>FREE Consultation \$\$\$ MONEY \$\$\$</p> <ul style="list-style-type: none"> • 1ST, 2ND & 3RD MORTGAGES FOR ANY PURPOSE • DEBT CONSOLIDATION • BAD CREDIT • TAX OR MORTGAGE ARREARS • DECREASE PAYMENTS • UP TO 75% • SELF-EMPLOYED • NO PROOF OF INCOME <p>Ontario-Wide Financial Corp. 1-888-307-7759 www.ontario-widefinancial.com (Licence #10171)</p> | <p>LAD/LAW CARRIERS VAN DIVISION require experienced AZ licensed drivers to run the U.S. Premium mileage rates. Home weekly New equipment. Also hiring Owner Operators. 1-800-283-6287</p> | <p>#1 HIGH SPEED INTERNET \$28.95 Month. Absolutely no ports are blocked. Unlimited Downloading. Up to 3Mbps Download and 800Kbps Upload. ORDER TODAY AT www.scanec.ca OR CALL TOLL-FREE 1-866-291-3538.</p> |
| <p>HEALTH</p> <p>GET 50% OFF - Join Herbal Magic this week and get 50% OFF. Low weight quality safety and keep it off, proven results! Call Herbal Magic today! 1-800-954-5176.</p> | <p>STEEL BUILDINGS</p> <p>BIG BUILDING SALE... THIS IS A CLEARANCE SALE. YOU DON'T WANT TO MISS! 20x20 \$1,895, 20x24 \$4,595, 30x30 \$6,899, 35x40 \$11,200, 40x52 \$13,100, 47x56 \$18,265. One End wall included. Pioneer Steel 1-800-868-6422. www.pioneersteel.ca</p> | <p>STREET BUILDINGS/METAL BUILDINGS 80% OFF 20x28, 30x40, 40x62, 45x80, 50x120, 60x150. 80% low sell for balance owed! Call 1-800-477-2209 www.crownebuildings.ca</p> | <p>INSURANCE</p> <p>ARE YOU A RESPONSIBLE DRIVER who is over the age of 50? Call to get the car Insurance premiums you have earned. Call Free Quote Hotline Now 1-877-941-2266</p> | <p>SAVAMILLS from only \$1997 - MAKE MONEY & SAVE MONEY with your own business! - Out number any dimension. In stock ready to ship. FREE Info & DVD. www.NorwoodSawmills.com/K0001 1-800-566-6899 Ext.4000T</p> |
| <p>VACATION/TRAVEL</p> <p>HAWAII ON THE MAINLAND, healthy low-cost living can be yours. Modern Aerial Video Conventions. 24/7 secured Community Costa Rica ("hardest country on earth") 1-780-952-0709. www.CanToCo.ca</p> | <p>PERSONALS</p> <p>ARE HOLIDAYS & Holiday parties making you feel more alone than ever? CALL MISTY REVER INTRODUCTIONS & let us help you find someone wonderful to spend your life with. (416) 777-6302, (705) 934-1292. www.mistyreverintros.com</p> | <p>TRUE PSYCHICS! 4 Answers call now 24/7 Toll Free 1-877-342-3039; Mobile #4486; http://www.truepsychics.ca</p> | <p>WHAT CAUSES SELF-DOUBT? Find out. BUY AND READ DIANETICS, The Modern Science of Mental Health by L. RON HUBBARD. Price: \$23.00. 1-416-925-2145</p> | <p>1000 ISLAND AIRBOATS - Travel like, snow, water in heated comfort. 4 models to choose from. Transport Canada certified. More info at www.airboats.ca OR CALL TOLL-FREE 1-888-AIRBOAT (1-888-347-3528)</p> |
| <p>MORTGAGES</p> <p>AS SEEN ON TV - 1st, 2nd, Home Equity Loans, Bad Credit, Self-Employed, Bankrupt, Foreclosure, Power of Sale or need to Refinance? Let us fight for you because "We're in your corner!" Call The Refinancing Specialists NOW Toll-Free 1-877-733-4424 (24 hours) or click www.MMortgages.com (LIC#12128)</p> | <p>DATING SERVICE Long-term/short-term relationships, free to try! 1-877-207-8883. Tell single ladies. Call 8778 or 1-888-334-6884. Toll now! 1-866-331-8640 or 85015. Meet local single ladies. 1-800-430-5381. (10+)</p> | <p>MONETARY SERVICES 5000 Loan and + No Credit Refused. Fast, Easy, 100% Success. 1-877-786-1660.</p> | <p>WANTED</p> <p>WANTED: OLD TUBE AUDIO EQUIPMENT. 40 years or older. Amplifiers, Stereo, Recording and Theatre Sound Equipment. Hammond organs. Any condition, no floor model consoles. Call Toll-Free 1-800-947-8039 / 519-853-2157.</p> | <p>HELP WANTED</p> <p>LOOKING FOR SALES REPRESENTATIVES - Canadian Taxpayers Federation is expanding our Sales Division in your area. For more information visit: www.taxpayers.com OR CALL 1-800-867-7833 Ext 111 or email: national.manager@taxpayers.com</p> |
| <p>\$55 1st, 2nd, 3rd MORTGAGES - Debt Consolidation, Refinancing, Reverse Mortgage. Tax Arrears, no CMHC fees. \$50K you pay \$208.33/month (OAC). No income, bad credit, power of sale accepted! BETTER OPTION MORTGAGES, CALL TODAY Toll-Free 1-800-282-1169, www.mortgageontario.com (LIC# 10696)</p> | <p>HELP WANTED</p> <p>ATTENTION: LOCAL PEOPLE: Work at home, online, P/T or F/T. We trained Call Department. 1-866-309-9312</p> | <p>EMPLOYMENT OPPS.</p> <p>PART-TIME JOBS - Make your own schedule, sell chocolate bars to make \$35, decide when and where you sell, start/end stop when you want. Toll 1-800-383-5588. www.chocolateolive.com</p> | <p>FIREARMS WANTED FOR FEBRUARY 23RD, 2013 Auction: Rifles, Shotguns, Handguns, As Estate Specialists We manage sale of registered / unregistered firearms. Contact Paul. Switzer's Auction: Toll-Free 1-800-594-2826, info@switzerauction.com or www.switzerauction.com</p> | <p>WHOLESALE JEWELLERY COMPANY NEEDS semi-retired couple to sell our line in Ontario. Strong interest in Fashion & personal sales experience required. Submit resume to susan@essencepa.com or Call Toll-Free 1-866-799-0201</p> |

Connect with Ontarians - Hire your business reach! www.networkclassified.org



The Healthy Cupboard

Health Insurance Policy

Cleansing helps reduce the risk of chronic and degenerative diseases, increases energy and vitality, and reduces toxic load.

I hereby promise to:

1. DO A TOTAL BODY OR LIVER CLEANSE
2. Drink 8 glasses of water per day
3. Walk 30 minutes after dinner each night
4. Make better food choices
5. Supplement after dinner
6. Take a daily high-quality Omega-3 supplement
7. Take a daily digestive supplement
8. Take a daily probiotic

CLEANSING...
it's like
health
insurance
for your
body

Why You Should Cleanse

- Increases Energy
- Reduces Toxic Load
- Improves Elimination
- Improves Digestion
- Reduces Risk of Chronic Health Conditions



**\$3.00 OFF COUPON AVAILABLE
IN-STORE!**

VISIT US AT WWW.RENEWLIFE.CA



[facebook.com/renewlifecanada](https://www.facebook.com/renewlifecanada)
twitter.com/renewlifecanada

The Healthy Cupboard

FOR MORE INFORMATION VISIT IN-STORE

101 CLARENCE STREET WEST
PORT COLBORNE (905) 835-9806

5 - 111 HIGHWAY 20 EAST
FONTHILL (905) 892-9054

www.healthycupboard.ca • healthycupboard@gmail.com